

SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

November 8, 2017

YULEE FULL SERVICE SCHOOL

YULEE, FLORIDA

(Some member reports may relate to more than one area of the eight categories of Coordinated School Health.)

MINUTES

The School Health Advisory Council met Nov. 8, 2017 at the *Nassau County Children and Family Education Center* in Yulee, Florida. Those in attendance were:

Andreu Powell	NCSB/Office of I & P
Angela McClellan	NCSB Homeless Liaison
Annette Hodges	NCSB
Cathy Carter	NCSB/Office of I & P
Kathy Crosby	NCSB/CNA
Karyn London	NACDAC
Kim Clemons	NCSB/Employee Wellness
Lauren Jones	NCSB/Food Service
Jacqui Galbreath	Community Member (Hilliard)
Linda Akers	NCSB Facilities Dept
Lisa Rozier	Family Support Services
Teresa Rowe	NCHD RN
Tonia Harris	AHEC
Stacy Alvaré	NCSB
Caroline Garner	Food Service Student Intern
Kyle Malucci	Town of Hilliard Parks & Rec. Dept.
Brad Underhill	NCSB Transportation Dept.
Julie Brown	NCSB District Office Wellness Champion
Theresa Stover	Starting Point Behavioral Health
Andrea Cummings	Take Stock in Children
Melissa Shipley	Wolfson Children's Hospital
Pam Robbins	Project SOS

The meeting opened with a welcome by Andreu Powell, standing in for Kerri Albert, and introductions were made.

Mr. Powell stepped down momentarily as chair, passing responsibility to Kim Clemons, and made a motion that we establish a Safe & Drug Free Subcommittee as a sub-group of the SHAC. Motion was seconded. Discussion included how often to meet, what kinds of items to meet about, who to include, etc. Motion carried and some in attendance volunteered to serve on this subcommittee.

Another new business item added was a presentation by Stacy Alvaré on Breastfeeding in the Workplace, including a project in our school district to support employees who are nursing mothers (Administrative Rule 3.60). Stacy Alvaré presented data related to how long mothers nurse, the benefits of nursing, some obstacles to nursing in the workplace, etc. Spaces identified to be used by nursing mothers (lactation rooms) is one of the items Stacy is documenting for a Breastfeeding Friendly Workplace Recognition for the school district. It is expected that each site will at least qualify for a bronze award. Mrs. Alvaré put together packets for nursing mothers and administrators to support breastfeeding at school district locations. She also shared about

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surveys developed for a focus group of female employees and a separate one for school administrators. Across the board, our employees surveyed did not realize there is a statement regarding Nursing Mothers in our company rules.

Comprehensive School Health

Tonia Harris informed the group that **AHEC** recruits high school students for its summer public health career program. Recent turnout for Nassau County is good and SHAC members were invited to help recruit for next summer.

Melissa Shipley was introduced as a new representative **for Wolfson Children's Hospital-Players Center for Child Health** and she summarized services offered, such as the upcoming Asthma Education classes at Yulee Primary School.

Comprehensive School Health partner **NACDAC** will have the Ben Byrns run on Jan. 20. Schools compete for cash prize for best participation.

Pam with **Project SOS** reported that their reps are now in schools talking about goal setting.

Take Stock reminded the group of scholarship opportunities through is program for kids to go to college.

Physical Education

Kyle Malucci from Town of **Hilliard Parks & Rec** would like to see more school district employees take advantage of the Tivity Health discount.

School Health Services

Teresa Rowe reported on student screenings in the schools. Vision provider partners help with getting glasses for qualifying students. Immunization compliance for our district was recently evaluated to see how we measure against state standards such as 95% for kindergarten aged students. Syndromic surveillance is done through weekly reports. 8,000 students were seen in school clinics in October for issues such as influenza, gastrointestinal illness and rashes.

School Nutrition Services

Dr. Jones was allowed to provide free meals to all students following Hurricane Irma. Typically 8,000 meals a day are sold, but 10,000 were sold daily during the free period. Now that free meals are over, many students have been charging meals to unpaid accounts and the School Board is going to work for a resolution to this problem. Squash is harvest of the month item in the cafeterias. The Food Truck has launched and Dr. Jones gave information on its serving schedule and hours at locations around the county.

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School Counseling, Psychological and Social Services

The FSS Breakfast Learning Series presentations are provided to the community. The agency's Angel Tree Project was described to the group.

Starting Point reported on social skills lessons in the schools.

Angie McClellan reported the FIT enrollment number currently as 401. She is gearing up for her Christmas project. She needs volunteer gift wrappers. A copy of her end-of-year report was available for any interested.

Healthy School Environment

Linda Akers informed the group that the Maintenance Dept. would be able to help set up lactation rooms for employees who are nursing mothers.

Mr. Powell reported on an item that will be going before the School Board on School Safety. Mr. Powell is now the Director of Intervention, Prevention & Safety Services.

Mr. Underhill reported that the Transportation Dept. needs more drivers.

School-site Health Promotion for Staff

Kim provided information to the members on upcoming school health meetings in Orlando and invited input from the group on information to bring back or topics to introduce for feedback from other districts. She also introduced the members of the District Wellness Team that has in the past has met as a subcommittee of the SHAC, but plans are to merge those individuals with the larger SHAC group to minimize meeting duplication and acknowledge the strengthening capacity of the SHAC group. Exercise classes, on-site screenings and shots for employees were briefly discussed.

Family and Community Involvement in Schools

Dr. Andrea Cummings said that Take Stock needs more mentors to work with its students.

Meeting was adjourned at 3:20 pm

Minutes respectfully submitted by Kim Clemons